



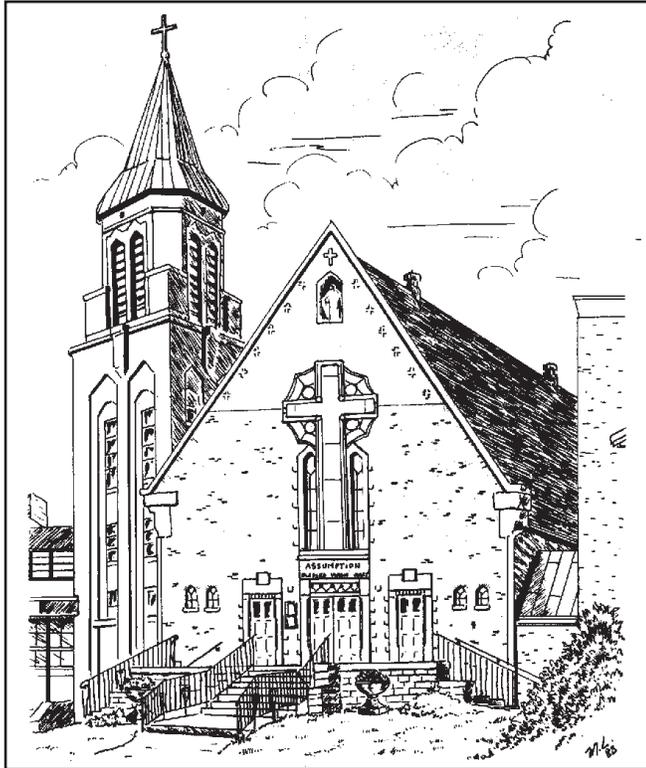
Assumption of the Blessed Virgin Mary Parish



Served by the Franciscan Friars Conventual

320 Olmstead Street, Vanier, Ontario K1L 7K3 • Tel: 613-695-6079

Website: www.assumptionparishottawa.ca



OUR PARISH MISSION STATEMENT

"We endeavour to build for this community a viable Christian Family that all will consider home."

MASS SCHEDULES

Saturdays: 9 am & 4 pm (Sunday Liturgy)

Sundays: 9:30 am, 12:00 pm (Filipino Mass), 7 pm

Mondays to Fridays: 8:00 am (except for School Masses, on Feast and Solemnities)

DEVOTIONS

Rosary: 30 Minutes Before Weekday Masses and Every First Saturday of the Month (after the 9:00 am Mass)

Devotion To Our Lady of Perpetual Help: Every Wednesday After The 8:00 am Mass

Eucharistic Adoration: Every 1st Friday at 8:30 am (after the Morning Mass) and every Friday at 6:00 pm

Stations of the Cross: Every Friday During Lent and Good Friday (time to be announced)

PASTORAL TEAM

Pastor: Rev. Fr. Victor Mateo, OFM Conv.

Pastoral Council Chair: Nick Murillo

Finance Council Chair: Mary Stanton

Administrative Assistant: Nora Arriola

PARISH OFFICE HOURS

Monday to Friday, 10 am - 12 noon, 1:00 pm - 4:00 pm
(closed on holidays)

PASTORAL & SACRAMENTAL CARE

Baptism: Please call the Parish Office to make an appointment to register your child for Baptism and to discuss all the requirements. If you belong to another parish, a letter of permission from your pastor is required. If you are not a parishioner of any parish, you must register and attend Mass regularly, and there is a three-month waiting period before your child can be baptized.

Confessions: Weekdays, after the 8 am morning Mass (approach the priest); First Fridays - 8:45 am to 9:15 am; First Saturdays - 9:30 am to 10:00 am, 3:30 pm to 4:00 pm (by appointment) Every Sunday - 11:30 am to 12noon

Marriages: One of the couples must be a registered member of the parish for at least 6 months and attend Mass here regularly. Please make arrangements at least six months before the wedding date. Marriage Preparation Course required.

Sacrament of the Sick & Communion for Shut-ins: Please contact the Parish Office

Funerals: Arrangements should be made firstly with the church, and then with the funeral director to insure proper Christian burial Assisted by the Bereavement Ministry

Youth Ministry: Every 1st Saturday of the month, 30 to 45 min. session (after the 4 pm Mass) at Carlo Acutis Hall.

Welcome

To the new and current
MEMBERS of our
PARISH.

Kindly visit our website

<https://www.assumptionparishottawa.ca>

PRAYER REQUESTS: Let us pray for the healing or better health of the following:



Lina Groulx, Claire Kiruhira, Glenda Hadloc, Charles Hebert, Jim Ford, Chris Finnerty, Charity Joyce Marohombsar, Michael and Arnita Sabong, Maxima de Leon, Jack Beltran, Nelia Samonte, Rosie Nabong, Bradley Ken, Feliza Daiz, Kier Villanueva, Maximilia Arano, Marlyn Serrano, Arlene Magpayo, George Ethier, Maria Hill, Theresa Akan and Yola Beloy.

**Readings at Mass on the
15th Sunday in Ordinary Time**

Deuteronomy 30:10-14

Psalms 69:14, 17, 30-31, 33-34, 36, 37

Colossians 1:15-20. Luke 10:25-37

SCHEDULE of LITURGICAL MINISTERS

July 19, 4 PM – Joan Lepage, Lori Scott, Yola Beloy with Nora Horrigan; July 20, 9:30 AM – Gina Distor, John Anethua, Kingsley Nze with Lynn Obero, Helen Belda; 12 Noon – Edgar Piol, Nora Cerda, Novie Ramos with Christy Collado, Nora Arriola, Andrew Samonte; 7:00 PM – Mariz del Castillo, Don del Castillo, Bea Miguel with Lori Scott



Mass Intentions

July 12, Saturday, OUR LADY'S SATURDAY (white), 9:00 AM – Eddie Stanton by Mary Stanton; † SUNDAY LITURGY, 4:00 PM – †Jeannine Chouinard by Mary Stanton

July 13, SUNDAY, 15th SUNDAY IN ORDINARY TIME (green) 9:30 AM – Linda Beaudoin (birthday) by Beaudoin Family; †Rev. Paul Beaudoin and †Frank Hughes by Beaudoin Family; †Yves Provost by Mary Stanton; †Cora Guillermo by Menchie David; 12:00 NOON – Leonardo Cerda (birthday) by Nora Cerda; Thanksgiving by Belda Family; †Amb. Francisco Benedicto by PHFC; †Roger Millefors by Nora Pinaud; 7:00 PM – Pro Populo

July 14, Monday, FERIAI DAY (green) 8 AM – Nilda V. Garcia (birthday) by Nena Coronel

July 15, Tuesday, MEMORIAL, ST. BONAVENTURE (white) 8 AM – †Julio David by Rose Yu

July 16, Wednesday, Votive Mass of Our Lady of Perpetual Help (white) 8 AM – Judi Linseman by Mary Stanton

July 17, Thursday, FERIAI DAY (green) 8 AM – †Souls in Purgatory by Mary Stanton

July 18, Friday, FERIAI DAY (green) 8 AM – Ken and Diane Stanton and Family by Mary Stanton

WEEK ENDING COLLECTION REPORT

July 5 & 6, 2025

\$ 2,725.

THANK YOU FOR YOUR ONGOING SUPPORT. Voluntary contributions have enabled the repair of broken electrical connections and the replacement of outdated lighting and fixtures on the outside of the church building, improving cost efficiency and safety.



The Parish community wishes to express its condolences to Art Guillermo and his family on the passing of CORA GUILLERMO. The deceased was an active parishioner who had served the community in various capacities, including as a Lector at Mass, a member of the Parish Pastoral Council, and the Ottawa Valley Filipino–Canadian Senior Citizens' Association.

The Parable of the Good Samaritan highlights true selfless love. We participate at Mass to worship GOD, give thanks, and strengthen our commitment to personal growth, though practicing our Catholic Faith can be challenging at times. We all need strength brought about by God's healing hands. **Let us pray to JESUS our Good Shepherd.**

Prayer for Inner Healing

All parish members are enjoined to continue praying for the **ETERNAL REST** of the following: **Rev. Paul Beaudoin, Corazon Guillermo, Julio David, Ernesto Sy and all souls in Purgatory.**

HOLY HOUR OF REPARATION & VOCATION PRAYER: Join us every First Friday after morning Mass for an hour of reparation to the Sacred Heart and prayers for vacations.

ROSARY FOR PEACE: On the First Saturday of each month (after the scheduled Mass), parishioners gather after Mass to pray the Rosary for Peace. All are invited.

A gazebo, donated in memory of the donor's late brother, has been installed in the Parish's inner garden. It will be used for small group meetings. **THANK YOU to our donor who wished to remain anonymous.**

OUR LADY OF KNOCK SHRINE at St. Malachy's Church in Mayo, Quebec will be holding our annual pilgrimage to honour Our Lady's apparition at Knock, Ireland. The Eucharist on August 10, 2025, will be celebrated in English at 11:00 AM by Archbishop Paul-André Durocher, Archbishop of Gatineau, assisted by Father Greg Murray of St. Malachy's parish.

Lord Jesus, please come and heal my wounded and troubled heart. I beg you to heal the torments that are causing anxiety in my life: *to heal the underlying source of my sinfulness; come into my life and heal the psychological harms that struck me in my childhood and from the injuries they have caused throughout my life.*

Lord Jesus, you know my burdens. I lay them on your GOOD SHEPHERD'S HEART. I beseech you — by the merits of the great open wound in your heart — *to heal the small wounds that are in mine. Heal my memories, so that nothing that has happened to me will cause me to remain in pain and anguish, filled with anxiety.*

Heal, O Lord, all those wounds that have been the cause of evil that is rooted in my life. *I want to forgive all those who have offended me. Look to those inner sores that make me unable to forgive. You who came to forgive the afflicted of heart, please, heal my wounded and troubled heart.*

Heal, O Lord Jesus, all those intimate wounds that are the root cause of my physical illness. *I offer you, my heart. Accept it, Lord, purify it and give me the sentiments of your Divine Heart.*

Heal me, O Lord, from the pain caused by the death of my loved ones. Grant me to regain peace and joy in the knowledge that you are the Resurrection and the Life.

Make me an authentic witness to your resurrection, your victory over sin and death, and your loving presence among all men. **AMEN.**



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